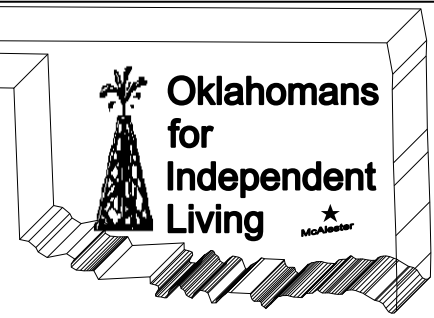


**SEPTEMBER
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OIL Newsletter



A monthly publication of THE OKLAHOMANS for INDEPENDENT LIVING

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(918) 426-6263 V/TDD, O.I.L. Web Page URL (www.oilok.org), www.facebook.com)**

If you are trying to go green and would like to help save trees, call us and we will send it via e-mail. If you are receiving this newsletter in error or no longer wish to receive it, call and we will remove you from our mailing list.

OIL FUNDRAISER!



**On Saturday,
September 10th from
10 a.m. to 2 p.m., we
will be selling 2 Hot
Dogs & a Soda for
\$1 at Atwood's.**

All money raised will go toward OIL recreational programs. **Please come out and show your support!**

Call OIL for free local transportation.

AUTUMN'S POKER RUN FUNDRAISER

The McAlester Priesthood Chapter presents the benefit Poker Run on Saturday, September 3rd. All clubs are welcome with a \$20 first hand fee and \$10 for each additional hand. The 1st bike out will leave Rotary Park at 10:00 a.m. and

the last bike in will be at 3:00 p.m. There will be food vendors, a bike blessing, bouncies for the kids, bike & car show, live music, and door prizes. All proceeds will go to a family with a child or an adult with a disability to meet a need they may have. To donate/sponsor, or for more information call 918 916-2044 or 918 916-3303.

DO YOU NEED HOME MAINTENANCE OR MINOR HOME REPAIRS?

Make a Difference Day is the most encompassing national day of helping others. The annual event takes place each year on the fourth Saturday in October. This year it will be on October 22nd. McAlester's project will once again be a minor home repair/maintenance project.

Do you need lawn work, trash/brush haul off, or weatherization done? Or do you need assistance in getting things done that your PCA is not allowed to do? Things such as cleaning out your refrigerator, deep cleaning your toilet, etc.?

The applications will be available mid September and the deadline will be **Wednesday, September 28th**.

Applications will be available at the Stipe Center, McAlester Public Library, Parent's Club Thrift Store, Shared Blessings, Chocaw Community Center and here at OIL. If you cannot get out to pick one up, please call OIL, and we will mail one to you. The project will help those with physical disabilities, senior citizens, and single, working mothers. If you are able, Volunteers are needed! Please put this day on your schedule.



PITTSBURG COUNTY FREE FAIR



The county fair will be held on September 1st-3rd at the Exposition Center in McAlester. The county fair showcases livestock, art, science, and more.

APPLE DISABILITY ACCESS IMPROVEMENTS

Apple leads the industry in putting accessibility as a core component of its operating systems.

Apple has put together plenty of accessibility enhancements across all of its operating systems, for release this fall. Apple has consistently dedicated itself to ensuring its core products are accessible, for no extra costs for decades. This means access is a core system component rather than being an add-on accessory. This philosophical difference sets Apple apart.

So what accessibility improvements can you expect to see, in Apple's new operating systems, when they ship this fall?

Taptic time

Taptic time allows you to silently feel the time instead of hearing it. It's available with three time telling options including Digits, Terse and Morse Code, meaning blind users don't have to ask VoiceOver to tell them this. VoiceOver is widely used in the partially sighted community.

iOS 10 Magnifier

Magnifier lets you use your camera as a magnifying glass. You can access things like the camera flash and grab freeze frames. You can also adjust color features to get a better view. This is going to be a "must use" feature for anyone who is partially sighted.

Siri

Don't underestimate how useful Siri will be to help make all Apple's platforms accessible to more users.

Apple TV, Switch Control

People with limited mobility will be able to use Switch Control with Apple TV to navigate the system with a single hardware switch. This provides a cursor to navigate on-screen elements and an optional on-screen version of the Siri Remote. What's even better is you can use your iPhone (or Mac) as a switch to control your TV, using the new "Control other devices" option in the IOS Switch Control menu.

macOS, Dwell control

Dwell hardware uses a headset or eye movements to control events on-screen. This lets users with limited mobility to control the mouse, set timers, and much more.

Color control

All three operating systems gain a feature that lets users tint the color of the entire display, which can assist people who are color blind.

iOS 10: Software TTY

This is an important tool for the hearing impaired. Like Hardware TTY devices, it lets users use their iPhone to communicate even though they can't hear well, using text. The feature is supplemented with TTY-specific QuickType predictions, such as "GA" for the commonly used "Go Ahead" prompt that lets people know it's time to respond. Transcripts are saved in the Phone app.

macOS/watchOS

Automatic log-in to your Mac has to be useful to every user.

iOS: Voicemail transcripts

Voicemail transcripts on iPhone may be useful to everyone who can use them, but could open up new communication opportunities for those who are deaf or hard of hearing.

For dyslexia

Apple is improving speech selection in the OS in order to help those with dyslexia. Apple has implemented improvements to Speak Selection and Speak Screen to help people better understand the text that's already been entered. The company has also implemented new audio feedback for typing to help people catch mistakes.

Wheelchair fitness

Apple's new Wheelchair Fitness Activity tracker is an impressive and original piece of technology.

VoiceOver

A digital DJ app called dJAY Pro won an Apple Design Award this year, partially because it's great software for any digital DJ, but also because of its outstanding support for VoiceOver. That support means blind or partially sighted DJs can mix like a pro.

NATIONAL VOTER REGISTRATION DAY

In 2008, 6 million Americans didn't vote because they missed a registration deadline or didn't know how to register. In 2016, we want to make sure no one is left out. On September 27, 2016, volunteers, celebrities, and organizations from all over the country will "hit the streets" for National Voter Registration Day. If you are not registered to vote, come to OIL on this day and OIL will assist you with registering!

National Voter Registration Day is set for the fourth Tuesday of September by resolution of the National Association of Secretaries of State. It will be an opportunity to put our differences aside and celebrate the rights that unite us as Americans; democracy!

LAKE DAY

On Friday, September 23rd, OIL be going to Elm Point Pavilion from 5:30 to 8:00 p.m. Don't forget your lawn chair or blanket. We will provide the weenies to roast, drinks, and S'mores for those who want them. We ask that you bring a Family Size package of Chips or a package of cookies and come join us, by the Bonfire, for an evening of fun! Call now to reserve your spot on the bus or to get finding directions.



GAME DAY AT THE PARK

On Monday, September 19th, OIL will be having game day at Chadick Park at Noon. Bring your picnic lunch and we will begin play afterwards. If you have a favorite board game, bring it too! Call for free local transportation.

SHRINE CIRCUS

The circus is coming to town! The annual Shrine Circus will be at the Southeast Expo Center in McAlester and OIL will provide transportation. The bus will be going to the 6 p.m. performance on Thursday, September 22nd. Call OIL to reserve your seat!



WOMEN'S GROUP

We will meet on Tuesday, September 13th at 11:00 a.m. We will meet at Kentucky Fried

Chicken. Free lift-equipped transportation is available.

BOWLING FUN

We will be going bowling at Great Balls of Fire on Monday, September 26th at Noon. Normally, this would cost \$6.00 per game but we are getting a deal at \$1.50 per game which includes the cost of the shoes. Free lift-equipped transportation is available.

Living Working Well with a Disability

To continue with our healthy initiatives, we will meet on Tuesday, September 20th at 11 a.m. so we can **Walk 'n Roll** to a healthier lifestyle. We will meet at Rotary Park, 801 North Ninth Street. We will provide free, local lift-equipped transportation to the park. Bring a HEALTHY snack or lunch and let's get fit!

CRAFT CLASS

We will meet on Tuesday, September 27th at 1:00 p.m. Please register by September 20th so preparations can be made. Call OIL for free, lift-equipped transportation.

OIL SCHEDULE OF EVENTS

This is a **tentative** schedule only. The dates may change so be sure to check each month for any updates.



October

- 4th OIL Social –Western Sizzlin'
- 6th Shopping
- 6th **Bingo Fundraiser!**
- 12th Women's Group
- 15th Saturday Shopping
- 17th Men's Group - Boomarang
- 18th Bowling
- 20th Shopping

- 20th Brain Injury Support Group
- 25th Craft Class
- 28th Halloween Dance
- 29th Saturday Shopping

November

TBA = To Be Announced, watch that month's newsletter for dates

- TBA Thanksgiving Dinner
- 3rd Shopping
- 3rd Brain Injury Support Group
- 9th Women's Group
- 11th OIL CLOSED
- 12th Saturday Shopping
- 14th Men's Group – Taco Bob's
- 15th Bowling
- 17th Shopping
- 17th Brain Injury Support Group
- 22nd Craft Class
- 24th OIL CLOSED
- 25th OIL CLOSED
- 26th Saturday Shopping
- 29th Movie Night at OIL

December

- TBA Children with Disabilities Christmas Party
- TBA Christmas Parade
- 1st Shopping
- 1st Brain Injury Support Group
- 5th Men's Group – Pizza Hut
- 7th Women's Group
- 8th McAlester Tour of Lights
- 10th Saturday Shopping
- 13th Craft Class
- 15th Shopping
- 15th McAlester Tour of Lights
- 20th Bowling
- 21st Brain Injury Support Group
- 24th & 25th OIL CLOSED

Transportation



O.I.L. provides lift-equipped transportation in McAlester and the surrounding area.

Monday – Thursday, 8:00 – 4:30
Friday 8:00 – Noon

A twenty-four hour minimum notice is required. The cost is \$2 per pick up in McAlester and \$3 for Krebs and Frink Chambers. Outside this area, fees are based on actual costs of gasoline needed to provide the service.

**Prices are subject to change.*

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All donations to OIL are tax deductible.

The contents of this newsletter were developed under a grant from the Department of Education. However, these contents do not necessarily represent the policy of the Department of Education and you should not assume endorsement by the Federal Government.

<i>*Events are held at OIL unless otherwise noted</i>							EVENTS						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
											1 Shopping 7:00-10:45am Brain Injury Gp. 1 pm	2	3
4	5 OIL CLOSED for Labor Day	6 OIL Social Arby's 5:30 pm	7 Food Health Program 1 pm	8	9	10 Saturday Transportation 8 am HOT DOG FUNDRAISER 							
11	12 Men's Gp. Pizza Hut 4 pm	13 Women's Gp. KFC 11am	14 Food Health Program 1 pm	15 Shopping 7:00-10:45am Brain Injury Gp. 1 pm	16	17							
18	19 Game Day Chadick Park Noon	20 Walk 'n Roll Rotary Park 11 am	21 Food Health Program 1 pm	22 Shrine Circus Expo Center 6 pm	23 Fishing & Bonfire at the Lake 5:30-8:00 pm	24 Saturday Transportation 8 am							
25	26 Bowling Great Balls of Fire Noon	27 Craft Class 1 pm REGISTER TO VOTE DAY!	28 Food Health Program 1 pm	29	30								
<p>*Low Impact Exercise Class for Sr.'s meets Mon., Wed., & Fri., 10:00 a.m., Stipe Center *Alzheimer's Support Group, 3rd Wed., 12:30 p.m., Main & OK Church of Christ *Diabetes Support Group, 1st Tue., 6:00 p.m., McAlester Regional Health Center Wellness Conf. Room, call Kathy at 421-6812 *For information on Men's & Women's Grief Support Groups – call Hospice of McAlester at 423-3911 . For information on a 7 week Dealing with Grief Course, call Heartland Hospice, 3rd Tues., 6:00 p.m., Pittsburg County Health Dept., 423-1267</p>													

